Cosmetic Tattoo Removal Pre and Aftercare for Eyebrows - **Solution Removal**

Please read pre and aftercare instructions carefully.

Adhering to aftercare instructions is essential to maximise results and reduce the risk of post-treatment complications.

PRE CARE PRIOR TO YOUR TREATMENT

- Avoid exercise on the day of treatment
- Avoid applying any products on the treatment area on the day of treatment
- Avoid waxing/plucking for 1 week prior to treatment
- Cease use of retinol and exfoliating chemicals for 4 weeks prior to treatment.
- Avoid tinting for 4 weeks prior to treatment
- Keep the treatment area protected from UV light and self-tanning products for 4 weeks prior to treatment
- Use SPF 50 if the area is exposed to the sun
- If there is broken skin or inflammation in the treatment area, such as a rash, cut or injury, please contact us in advance as we may need to re-arrange your appointment until the skin is healed.

WHAT TO EXPECT FROM THE HEALING PROCESS

After treatment, you may notice redness, tenderness, or a mild stinging sensation around the treated area. The skin may appear slightly swollen and may have light residue from the solution, there may also be a small amount of bleeding.

As healing begins, it's normal for the area to form light scabbing or dryness as the solution draws out pigment from the skin. In some cases, small fluid spots or minor oozing may occur. Everyone's response is different and depends on factors such as skin type, pigment density, and the type of removal solution used (saline or glycolic acid).

Please take clear photos of your healing process so your practitioner can monitor your progress and tailor future sessions to your individual response.



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AFTERCARE

- Keep the area clean and dry
- Avoid getting the area wet for at least 48 hours this includes washing your face, swimming, or excessive sweating.
- After 48 hours, you may gently cleanse around (not directly over) the treated area using cool water and a mild, fragrance-free cleanser. Pat dry with a clean towel.
- Do not apply makeup, creams, ointments, or brow products on or near the treated area until all scabs or flakes have naturally come away, as the skin has been intentionally opened and strict infection control is essential.
- Avoid applying saline sprays or healing balms unless specifically recommended by your practitioner.
- Avoid saunas, steam rooms, hot showers, and sweaty exercise for a minimum of 7 days post-treatment.
- When cooking or using a kettle, protect the area from rising steam or heat.
- Avoid swimming, facials, or hot holidays until the skin has fully healed.
- Do not pick, rub, or scratch scabs allow them to fall away naturally to prevent scarring or pigment loss.
- Once the scab has naturally fallen away, begin applying a high SPF (50+) to protect the fresh skin from UV damage.
- Avoid brow tinting or any further cosmetic treatments in the area until your practitioner confirms the skin has fully recovered.

If fluid, blistering, or prolonged redness occurs:

- Keep the area clean and dry, and avoid disturbing any fluid-filled spots.
- If a blister opens, gently clean with saline solution and apply a thin layer of antiseptic cream.
- Contact your practitioner or GP if you experience significant swelling, pus, or signs of infection.

ADVERSE REACTIONS

During eyebrow solution removal, a specialised tool gently opens the surface of the skin to allow the removal solution to penetrate and lift the tattoo pigment. Because this method intentionally breaks the skin barrier, a small amount of pinpoint bleeding is normal, but it requires strict infection-control instructions to be followed.

If you have severe prolonged pain, weeping from the area or a fever, this may mean an infection.

If an infection does occur, you should consult your doctor to obtain oral antibiotics.

Please contact us if an adverse reaction occurs